



**Questions to ask when considering surgery:**

<i>I'd like to learn more about how my procedure works.</i>		
1	Is this considered a minimally invasive surgery?	<i>Notes</i>
2	Are there any surgical robots, devices or other new technologies available for this surgery?	
<i>I'd like to learn more about your experience with this procedure.</i>		
3	How many times have you performed this surgery? How often do you perform it?	
<i>I'd like to talk about the surgery experience.</i>		
4	What will the preparation be like for me leading up to surgery?	
5	What kind of discomfort should I expect during and after surgery?	
6	What can we do before, during and after surgery to manage the discomfort?	
7	I've heard about the benefits of Enhanced Recovery After Surgery (ERAS) protocols. Have you adopted an ERAS protocol for this procedure?	
8	What do you do to minimize the need for opioid pain medications?	
9	How soon will I be walking and eating after the procedure?	
10	How long should I expect to be away from my normal activities and out of work?	
11	Is there anything else we can do to make my recovery easier?	
12	What kind of help will I need at home and for how long?	

*This surgery preparation worksheet was produced by the Billion Pill Pledge.*

*For more information, visit [www.billionpillpledge.com](http://www.billionpillpledge.com).*